DANCE ME A STORY:
THE SLEEPING BEAUTY
Creative Dance Workshops for EYFS and Key Stages 1 & 2
Dance me a story: The Sleeping Beauty

Step into one of the world’s most enchanting fairy tales with Birmingham Royal Ballet.

Artists from Birmingham Royal Ballet will visit Plymouth schools to deliver fun and energetic creative dance workshops in the w/c Monday 19 March 2018.

This is an exciting opportunity for pupils to engage with the work of Birmingham’s internationally renowned ballet company and to experience the unique quality of dancing to live music.

Workshops will not only introduce pupils to the art form but will also be a learning opportunity for teachers, providing them with an insight into how dance may be used creatively within the curriculum.

Background to the ballet

The curse of a wicked fairy, one touch of a spindle, and a beautiful princess falls into a deep, enchanted sleep which can only be broken by a kiss from a prince. The Sleeping Beauty is transformed into one of the grandest ballets ever created, with a classical score by Tchaikovsky and original choreography by Marius Petipa.

Enter the opulent world of Imperial Russian ballet, with its marvellous mixture of virtuoso dance, fairy tale characters and dazzling spectacle that has delighted audiences for over a hundred years. With live music from the acclaimed Royal Ballet Sinfonia, The Sleeping Beauty is an enchanting experience for all the family.

Feedback from previous school projects

‘A small group of the boys thought that ballet was for girls. The workshops were effective in changing those stereotypical views.’ Teacher, Grendon Primary School (Birmingham)

‘I saw huge amounts of enjoyment, and the children developed a range of movement skills, as well as collaboration and team work skills.’ Head Teacher, Kingsland Primary School (Birmingham)

We also deliver training packages to enhance teacher skills and confidence to deliver dance in the PE curriculum. If you are interested in finding out more about this, please contact a member of the Engagement & Participation team. If there is any other way you would like to work with us, please contact the team to discuss your needs.

For further information about our learning projects, please visit our website www.brb.org.uk

Follow us on Twitter @BRB_Learning and @BRB
The project
Participating schools will receive up to three creative dance workshops (each up to 75 minutes in length). Workshops are suitable for EYFS and Key Stage 1 and 2 students. SEN settings are warmly invited to apply as each workshop can be tailored to accommodate the individual needs of your students and are led by artists experienced in this area. Workshops can cater for a maximum of 30 pupils in each class. They are delivered by an experienced Birmingham Royal Ballet dance artist and accompanied by a professional pianist.

Each workshop will aim to:

- Introduce Birmingham Royal Ballet
- Introduce participants to ballet steps and ballet mime as a story-telling medium
- Explore some of the themes and characters from *The Sleeping Beauty*
- Provide a safe creative environment that supports imaginative role-play to allow children to devise their own motifs and explore movement patterns both independently and as a team
- Develop choreographic skills through use of space, action, relationships and dynamics
- Provide opportunities for students to reflect and evaluate their own work

This workshop package is £550 + VAT for a full day. Alternatively, two workshops in the morning is £400 + VAT and one workshop in the afternoon is £200 + VAT.

Also included in the package:

- Free unlimited advice for teachers
- Free story guides for each child
- Teacher resources to help develop further work in school

Why not top off your experience by watching a matinee performance of *The Sleeping Beauty*? Our schools’ price will be available for the performance on Thursday 22 March at 2pm. Booking is not yet open – details will appear on our website when available, please visit www.brb.org.uk-whats-on.

A Birmingham Royal Ballet experience could support pupils studying Arts Award
Arts Award www.artaward.org.uk is a range of unique qualifications that support anyone up to 25 to grow as artists and arts leaders, inspiring them to connect with and take part in the wider arts world through taking challenges in any art form including performing arts, visual arts, literature and multimedia. The award is run by Trinity College London, supported by Arts Council England. Through Arts Award young people gain a nationally recognised qualification enabling them to progress into further education and employment. Arts Award has five levels, four of which (Explore, Bronze, Silver, Gold) are accredited qualifications on the Qualifications and Credit Framework (QCF). Arts Award Discover and Explore are introductory levels.

Discover level can be delivered within one of our workshops (subject to availability of staff) and we can also support Explore level (please note that bespoke Arts Award workshops incur some additional costs for planning, moderation and certificates). Please indicate on the application form if you would like to build this into your workshop.

How to apply
Please complete the attached form and return it to Jo Williams, Schools Engagement Officer, Birmingham Royal Ballet, Thorp Street, Birmingham B5 4AU by **Friday 26 January 2018**. Applications accepted on a first-come, first-served basis. Don’t miss out, book today! For further information call **0121 245 3588**.
APPLICATION FORM  Dance me a story: The Sleeping Beauty

w/c Monday 19 March 2018  
Deadline for Applications: Friday 26 January 2018

Please complete this form and return to Jo Williams, Schools Engagement Officer, Birmingham Royal Ballet, Thorp Street, Birmingham B5 4AU or by email to Joanne.Williams@brb.org.uk

Please remember to keep a copy for your own records.

Name of school: ..........................................................................................................................

Address: .................................................................................................................................

..............................................................................................................................................

Telephone Number: .......................................................... Mobile Number: ................................

Email address: ........................................................................................................................

School twitter address: ...........................................................................................................

Please indicate here if you are happy for us to reference your school via our website/ twitter account (@BRB_Learning) □

Head teacher: ...........................................................................................................................

To whom should Birmingham Royal Ballet address correspondence? ........................................

..............................................................................................................................................

Please specify a preferred contact time: ....................................................................................

..............................................................................................................................................

Please indicate your preferred method of correspondence:

Email □  Telephone □  Post □

The workshops will take place w/c Monday 19 March 2018. Each school is offered a full day of workshops. However, if you wish to have a morning or afternoon slot, please let us know here.

Workshop days will be scheduled on a first-come, first-served basis. Please let us know here if there are any dates within this period that you are definitely NOT able to accommodate workshops:

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**The Participants**

<table>
<thead>
<tr>
<th>Class</th>
<th>Name of Class</th>
<th>Year group</th>
<th>Number of children (Max. 30)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>Female</td>
</tr>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
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</tr>
<tr>
<td>3</td>
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</tbody>
</table>

Do any of the participants have any special needs that we should be aware of (e.g. autism, mobility/sensory impairments)?  YES ☐  NO ☐

If yes, how many? ........................................ and which class are they in? ........................................

Please give details ........................................................................................................................................

Do any of the participants have health problems we should be aware of (e.g. asthma)? YES ☐  NO ☐

If yes, how many? ........................................ and which class are they in? ........................................

Please give details ........................................................................................................................................

Are the students currently working towards an Arts Award?  YES ☐  NO ☐

If yes, which level?  Arts Award Discover Level ☐  Arts Award Explore Level ☐

**Please tick if you intend to use your workshop to support students through an Arts Award ☐**

**Workshop Times**

We are able to deliver up to three workshops a day lasting 75 minutes each. Please indicate times during the day that would be suitable to run workshops. Length of workshops can vary on request to tailor your school requirements.

**Workshop 1**: Start and finish time: ........................................................................................................

**Workshop 2**: Start and finish time: ........................................................................................................

**Workshop 3**: Start and finish time: ........................................................................................................

Is the space we are working in used for lunch?  YES ☐  NO ☐

If yes, how early do we need to vacate the area before lunch? .................................................................
Monitoring
Of the participants, how many describe themselves as follows (please indicate with numbers; this information is used for monitoring purposes only):

White – British ........................................
White – Other (please specify) ........................................
Black – Caribbean ........................................
Black – African ........................................
Somali ........................................
Black – Other (please specify) ........................................
Indian ........................................
Pakistani ........................................
Bangladeshi ........................................
Yemeni ........................................
Asian – Other (please specify) ........................................
Chinese ........................................
Arab ........................................
Mixed Heritage (please specify) ........................................
Other ethnic group (please specify) ........................................

The Space
Please give details of the space the group will be working in:

<table>
<thead>
<tr>
<th>Approx. dimensions</th>
<th>Flooring (wooden etc.)</th>
<th>Floor Covering</th>
</tr>
</thead>
</table>

Please note: For Health and Safety reasons we must be aware of what the floor is made of so that it can be accommodated in workshop planning.

Is there a piano available in the space?

YES □  NO □

If no, is there a keyboard available? (must be full size – 88 keys)

YES □  NO □
The Performance

Are you intending to attend a performance of *The Sleeping Beauty*? Our special schools’ price will be available on the matinee performance on Thursday 22 March at 2pm. Booking is not yet open – details will appear on our website when available, please visit www.brb.org.uk-whats-on.

☐ YES  I will book tickets directly with Theatre Royal Plymouth

☐ NO   We are unable to attend

SCHOOL/COLLEGE COMMITMENT

Please read and sign the following:

I agree to make the following commitments:

• The project will be paid in full once the project has taken place

Signed: ...........................................................................................................(Head Teacher)

Date: ......................................................................................................................